

8 Steps to Writing Functional, Measurable Outcomes

1. Determine the short-hand version of the outcome from the RBI

"We want Billy to talk"

2. Determine the routines involved

Mealtimes and snack times

3. Write "[The child] will participate in [routine/s]"

Billy will participate in mealtimes and snack times



4. Write "by [skill or desired behavior]"

by telling us what he wants to eat or drink

5. Write "so that [participation or end goal]"

so that we can all eat together successfully as a family.



6. Write "We will know progress has been made when [observable functional skill]." Add criterion specifying the amount of time over which the skill or behavior needs to be displayed.

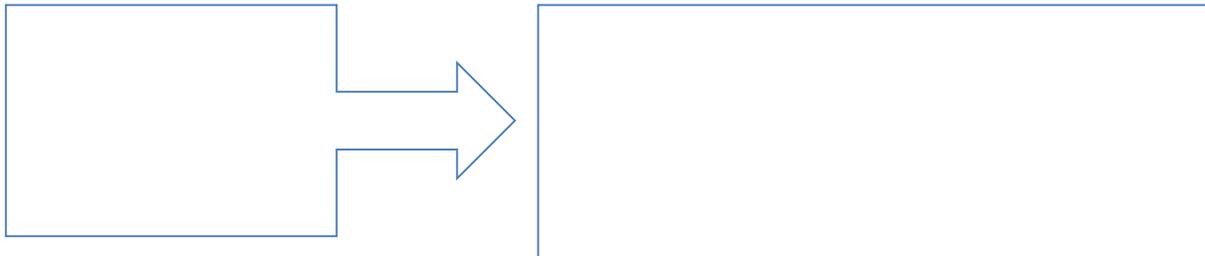
We will know progress has been made when Billy says, "I want ()" when he is hungry or thirsty 5 times in a week.

7. Write "Progress will be measured through [method]"

Progress will be measured through caregiver report and observations during routine home visits.

8. Write "The family would like [child] to achieve this outcome in [timeline]"

The family would like Billy to achieve this outcome by Thanksgiving.



"The Formula": Child/family will [] during [] so that []. We will know progress has been made when child/family []. Progress will be measured by []. The family would like child to achieve this outcome in [].

Child-level Outcomes: Examples

Identified skill/need: Walking

We want Suzy to participate in playtime by walking across the room independently so she can follow her brothers.

We will know progress has been made when Suzy can get up independently and follow her brothers out of the room. Progress will be measured through caregiver report and observation during home visits. The family would like for Suzy to be able to do this by Christmas.

Identified skill/need: Following directions

We want Santiago to participate in family playtime in the evenings by following directions so the whole family can enjoy their playtime together.

We will know progress has been made when the whole family can play together in the evenings consistently for 30 minutes without Santiago having a tantrum.

Progress will be measured through caregiver report and video observation during home visits. The family would like for this to be achieved in 3 months.

Identified skill/need: Continued development

We would like for Braden to participate in bath time by sitting in the tub on his own and splashing the water with his hands so we know he is growing and developing as expected.

We will know progress has been made when Braden is consistently sitting on his own for his entire bath and splashing the water by 6 months.

Progress will be measured through caregiver report and observation during routines-based home visits.

The family would like to accomplish this by the time Braden is 6 months old.

Family-level Outcomes

- Preserve as much of the wording as is appropriate
- Add at least 1 measurable criterion for completion

Family-level Outcomes: Examples

Identified skill/need: Parents' relationship

Gloria and Hector will spend time together without the children so they can reconnect and improve their relationship.

We will know progress has been made when Gloria and Hector spend an hour together without the children every other week for 8 weeks.

Progress will be measured through parent report.

The family would like to accomplish this by their wedding anniversary.

Identified skill/need: Child not in family custody

The family would like for Dontell to return home so the family can exit DCF services.

We will know progress has been made when Dontell is living permanently at home and the family has progressed to aftercare services.

Progress will be measured through caregiver report, KVC case manager report and observation during routine home visits.

Mom would like for this to be achieved in one year.

Identified skill/need: Parent education

The family wants to learn about Brian's diagnosis of absence of corpus callosum so they can know what to expect when he gets older.

We will know progress has been made when the family has 3 support families to talk with and feel comfortable advocating with medical professionals for his needs.

Progress will be measured through caregiver report.

The family would like to achieve this in 3 months.

Outcomes for Children and Families

Outcomes must reflect the changes families would like to see happen for themselves and their children and be based on family priorities and needs in relation to support of the developmental needs of the child, including accessing community resources and supports

Child's Name: Billy C. Willy Jr.

DOB: 8/28/2011

Outcome #	Start Date:	Target Date:
1	6/1/13	11/25/13
4. What would your family like to see happen for your child/family? (The outcome must be functional, measurable and in the context of everyday routines and activities.) We would like for Billy to participate in mealtimes and snack times by telling us what he wants to eat or drink so that we can all eat together successfully as a family.		
5. What's happening now related to this outcome? (Describe your child and/or family's functioning related to the desired change/outcome.) Currently Billy tugs at his mom's pant leg and leads her to the kitchen when he is hungry for a snack. Billy's mom opens the cabinets and shows him a variety of snack options and asks him what he wants. Billy will point and say "mmm" to desired food choices, but he often becomes fussy and impatient during the process. During meals, if he is offered something he doesn't want, he will throw it or refuse to eat.		
6. How will we know we've made progress or if revisions are needed to outcomes or services? (What is the observable action or behavior that shows progress is being made? What is/are procedure(s) we are going to use to measure progress? [i.e., observation, report, chart] What are the realistic timelines that will be used?) We will know progress has been made when Billy says, I want () when he is hungry 5x in a week. Progress will be measured through caregiver report and observations during routines-based home visits. The family would like Billy to achieve this outcome by Thanksgiving.		

7. How did we do? (Review of progress statement/Criteria for Success)

Date: 6/20/13 Comment: Currently Billy will say “mama, crackers” or “mama, cookies” etc. when he points to the cabinet several times a day when he wants a snack. Mom has started having him repeat “I want crackers” when he says “mama crackers.” He will repeat the whole sentence about half the time.

8. What happens next?

Date: Continue as planned: Mom will continue to work on helping Billy become independent in using the sentence on his own.

Date: Discontinue this outcome:

Date: Revise this outcome:

(*if outcome achieved, discontinued, added, or revised, please go to IFSP review page.)

This outcome addresses Early Childhood Outcome area: (may mark all that apply)

- 9. Positive Social Relationships
- 10. Acquiring and Using Knowledge and Skills
- 11. Taking Action to Meet Needs
- 12. Family Outcome