

How Much Is Enough?

Determining the Frequency/Duration of Early Intervention Home Visits.

How Much is Enough? Determining the Frequency/Duration of EI Home Visits

- Metaphors
- ECO Map Information
- Questions to Ask
- Between Visit Technology



Misty's Metaphors

Early Intervention is not the only service that relies on the power of coaching.

What does EI have in Common with...



Weight Watchers



Jenny Craig

Coaching at the Center of Both Programs

Weight Watchers

- Regular Meetings
- Coaching/Support
- Point System=Natural Environment
- Keep Track/Change Up
- Goal Oriented

Jenny Craig

- Regular Meetings
- Coaching/Support
- Fidelity of Intervention (meals provided)
- Keep Track/Weigh In
- Goal Oriented

What about Baseball Coaching?



Little League Practice

- How often
- What
- Homework



Professional Team Practice

- How often
- What
- Homework

Coaching Baseball

Little League

- How often
- How long
- How complicated
- Practice at Home

Professional Teams

- How often
- How long
- How complicated
- Practice at Home

Using ECO Maps to Inform Dosage

R.A. McWilliams

R.A. McWilliams on ECO Maps

- Good way to get to know the family
- Takes 10-15 minutes
- Value of Whole Family conveyed

The ecomap facilitates/identifies

- Sources of support that might be utilized
- Logistics useful in scheduling/planning
- Opportunity to strengthen map for some families
- Useful when making decisions about "who/how much" – based on current family support vs degree of delay
- Useful in keeping family information current

Examples of Potential Family Support

<i>Category</i>	<i>Example</i>	<i>Type of Support</i>
• Family/kinship	grandparent	financial, emotional
• Friends	friend of mom	friendship, a sounding board
• Work	coworker friends	time away
• Neighborhood	neighbors	logistical support
• Child Care	caregiver	care/education
• Church	members	transportation
• Health Services	Dr./counselor	Medical, emotional, education
• Other Intervention	PAT	education

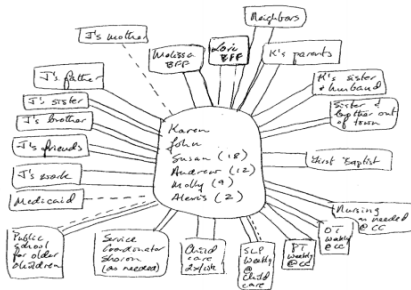
How to Draw Support on the Ecomap

- Names of the people living in the home with the child, include sibling ages then draw a square around it (nuclear family).
- Informal: Grandparents, parent siblings, close friends, neighbors (above)
- Formal: Medical services, other intervention, financial services, etc. (below)
- Intermediate: Co-workers, recreational activities, religious affiliations (on either side)

Indirect questions regarding supports

- How often the family talks with the person identified
- How well the family gets along with the person identified
- How often the family spends time with the person identified
- How well the family likes the person identified (especially formal supports)

R.A. McWilliams: ECO Map



Questions to Consider

Jung 2003.....

- Is the family new to Birth to Three? *ECO Map Support Identified?
- Are the strategies used likely to change frequently or will they be in place for a longer period of time?
- Is there urgency to an outcome that requires immediate attention?
- Are outcomes similar and able to be addressed through similar strategies?
- What level of guidance does the family require to meet the child's needs?
- Are several caregivers involved in intervention plan?
- Does the caregiver have cognitive or emotional issues that may require additional visits to heighten their ability to implement strategies?
- Others?

In Between Visit Support

Ideas for using technology to improve (not replace) face to face visits

List of Ideas/Questions

Thank You For Thinking With Me ☺

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